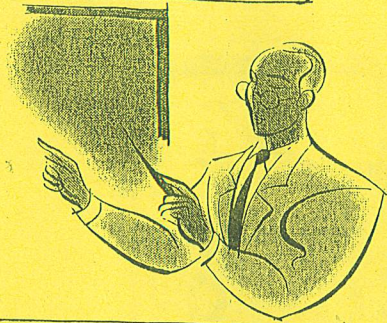
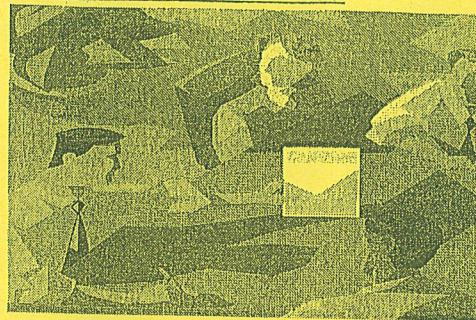


Outpatient Counseling



MCHD offers an outpatient program which typically consists of a minimum of three months, or 30 hours, of counseling unless otherwise specified (as in DUI cases). Outpatient counseling consists of individual sessions for 1 hour every 2-4 weeks and group counseling once a week for 2 hours. These sessions are used to focus on the individual's problems usually stemming from their substance abuse and examine ways to change their attitudes and behaviors. We concentrate on various issues such as denial, self-esteem, family, relationships, coping skills, addiction, values, consequences, and relapse prevention. However, we encourage our participants to present their own topics or concerns for discussion. Both the groups and the individual counseling are provided by Certified Alcohol and Drug Counselors.

Substance Abuse Staff



Jayanthi Sarma, M.D.
Consulting Psychiatrist
Pam Lentz, MA, LCPC
Behavioral Health Coordinator
Jill Wright, MA, CADC, LPC
Substance Abuse Program Coordinator
DUI Evaluator
Michelle Wallace, BA, CADC
Substance Abuse Counselor

MISSION STATEMENT

To provide quality professional, confidential services to persons experiencing symptoms of a mental health or substance abuse disorder...To educate the community to promote a better understanding of such symptoms and their consequences. These services are available to all persons regardless of race, color, creed, religious affiliation, age, sex, or ability to pay.

**MONTGOMERY COUNTY
HEALTH DEPARTMENT**

SUBSTANCE ABUSE PROGRAM

SUBSTANCE ABUSE
PROGRAM

A Division of Mental Health

**11191 Illinois Route 185
Hillsboro, IL 62049**

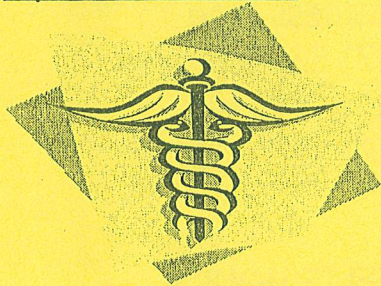
**Business Line
(217) 532-2001
Crisis Line
(888) 324-5052**

**OFFICE HOURS
MONDAY 8AM-4PM
TUESDAY 8AM-8PM
WEDNESDAY 8AM-4PM
THURSDAY 8AM-5PM
FRIDAY 8AM-4PM**

Substance Abuse Program

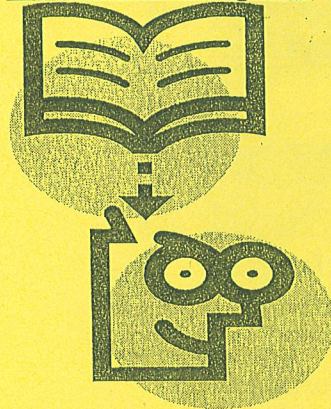
Montgomery County Health Department (MCHD) has an established substance abuse program open to all county residents in need of substance abuse treatment. We offer a variety of services including Psychiatric Services, Intervention, DUI Services, and Outpatient Counseling. Funding for this program is provided in part by DHS office of Alcoholism and Substance Abuse.

Psychiatric Services

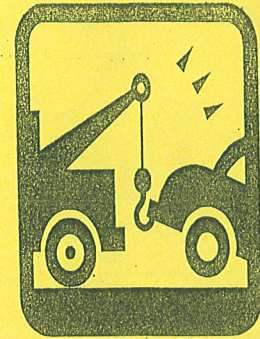


MCHD offers psychiatric services for those in our Substance Abuse Program as well as our Mental Health Program with a licensed psychiatrist on staff. She provides diagnostic screenings and prescribes medications such as anti-depressants and anti-psychotics as needed. The individual may continue to see the psychiatrist even after their treatment is complete by being transferred to our Mental Health Case Management Program.

Intervention Program



MCHD offers intervention services to individuals who need services but who do not have a diagnosis of substance abuse or dependence. These services include attending group sessions once a week and individual sessions once every 2-4 weeks for 12 hours.



DUI Services

MCHD provides court-mandated *DUI evaluations* by a certified DUI specialist. The DUI program offers a remedial education class as well as treatment required by the Secretary of State. Our *Driver Safety and Education Class* satisfies the remedial education requirement required for Level I and Level II DUIs. This class meets weekly for four weeks to meet the required 10 hours of education. In order to complete this class successfully, the participants are required to take and pass a written exam. Another service provided is the *DUI Update Evaluation* which is needed prior to a Secretary of State hearing when the original evaluation is older than six months. The *Investigative Drug and Alcohol Evaluation Report*, or Non-DUI evaluation, can also be obtained when required by the Secretary of State for various other driving violations resulting in the suspension/revocation of one's driving privileges.